

First and Last Name  
ENG 100  
Assignment #1: Adaptive Mindset  
Due:

### **Assignment #1: *Adaptive Mindset***

**Purpose:** Please compose an assignment that **informs or persuades** an audience about your experiences with adaptive mindset ideologies. Consider using particular life events when you worked from a fixed or growth mindset. You choose the purpose.

**Audience:** Your primary audience is people who visit your site—primarily your classmates and me (your professor). Your secondary audience is people who are not familiar with your perspective and/or experiences with adaptive mindset ideologies.

**Style:** Please write a **prologue** that provides context for the assignment and an **epilogue** that provides a reflection on your processes and end product. Otherwise, this is a flexible assignment in terms of your choice of topic, purpose, genre(s), and media. If you choose to construct a multimedia project, please use YouTube for video and SoundCloud for audio. Both are available on my resources webpage. Here are a few options (if you have another suggestion, please contact me):

- **Banking Concept:** Please revise your Banking Concept blog post into 1000-word essay.
- **My Mindset:** Please revise your My Mindset blog post into a 1000-word essay.
- **Making the Switch:** Please write a 1000-word essay that explains how you will switch from a student who has a fixed mindset to a growth mindset.
- **Raising my Child:** Please write a 1000-word essay that explains how you will raise your child to have a growth mindset.
- **This I Believe:** Please revise your This I Believe blog post into a 500-word essay with a 3-5 minute video/audio file of you reading the essay.
- **Transitioning to College:** Please revise your Transitioning to College blog post into a 500-word essay with a 3-5 minute video of you reading the essay.
- **College Application Letter OR Job Application Cover Letter:** Please write a 500-word letter with a 3-5 minute video/audio file of you reading the letter.
- **Multimedia Collage:** Please construct a 3-5 minute video that illustrates at least five different video scenarios where people outside of academia are referencing growth mindset ideologies—whether these folks are using the term “growth mindset” or not. One of the video clips should include your thoughts on growth mindsets.

**Focus:** Please focus on your experiences with and/or ideas about adaptive mindset ideologies. You can compose a project about growth mindsets or compose a project about fixed mindsets or compose a project about both mindsets. Please make sure to include your personal experiences (consider narration and description of life events) in ways that reveal to the audience your understanding/opinion of adaptive mindsets.

**Thesis:** Your thesis statement can be implied or stated—either option should communicate the project’s focus.

**Process:** To begin, *Think On Paper* about the issues surrounding your decision: freewrite, list, cluster, discuss, and read other expert opinions to generate ideas and answer the following questions.

- Did you adopt a growth mindset that allowed you to adapt to an environment and succeed?
- Did a fixed mindset ever prevent you from overcoming a challenge?
- Did you adopt a growth mindset and still not achieve your goal? What happened to prevent success?
- Do you agree with the research that growth mindsets help students persist and succeed in college?
- Did your educational experiences promote a growth or fixed mindset approach to learning?
- Do you want to switch from a fixed mindset in college to a growth mindset? If so, explain how.
- Do you plan on raising your child to have a growth mindset? If so, explain how.

**Product:** This assignment should be around 1000 words or 500 words with a 3-5 minute media file or a 3-5 five minute video collage. For the written text, please format as follows: 12-point font, double-spacing. Please include an original title centered at the top of the project. This doesn't count as an original title: *Adaptive Mindset Assignment* or *My Adaptive Mindset*. We will use these criteria to evaluate your project:

- \_\_\_\_\_ Your project reveals your experiences and understandings of mindsets (growth or fixed).
- \_\_\_\_\_ Your project has a clear purpose: inform or persuade.
- \_\_\_\_\_ Your project has a clear structure: prologue, text, and epilogue.
- \_\_\_\_\_ Your project provides clear arrangement of materials, clear white space, and active hyperlinks.
- \_\_\_\_\_ Your project shows signs of careful proofreading/video editing, with minimal grammatical, spelling, and technical errors.